

GOOD FOOD for all

BROUGHT TO YOU BY
PARTNERSHIP FOR A HEALTHIER AMERICA

INTERESTED IN RECEIVING FREE PRODUCE?

The YMCA of Metropolitan Detroit is partnering with Partnership for a Healthier America (PHA) in an effort to provide timely and nutritious food to families in the **tri-county area**.

With support from PHA, we will be handing out boxes of fresh produce to households **Friday, October 1st at several metropolitan Detroit locations**. Boxes are meant for households of three or more, so please sign up to participate in this great 12-week program.

WHAT'S IN A BOX?

Each family-sized box includes 50 servings of fresh fruits and vegetables per week. Your box will include a variety of items such as:

Broccoli	Berries	Corn	
Tomatoes	Melon	Onions	
Green beans	Squash	Cabbage	Pears
Oranges	Apples	Potatoes	Bell Peppers



SIGN UP TODAY!

This program is entirely complimentary and aimed at promoting healthy, thriving communities. Pick-ups take place at a variety of YMCAs and community locations on Fridays, from October 1st through December 17th. You can even earn Amazon gift cards for participating in surveys throughout the program!

* This is not a SLCS sponsored event.

HOW TO GET YOUR BOX



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Scan the QR Code below or follow the link to register for this free 12-week program and select your pick-up site. If you have additional questions or are having trouble registering, please email: healthyliving@ymcadetroit.org

Registration Link:

<http://ymcadetroit.org/s/u>



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