

Middle School February – April Menu:

BREAKFAST

Breakfast is part of the TAKE HOME meals on Tuesday

Monday

Bagel (28g) w.
Cream Cheese (1g)
Apple Juice (14g)

Tuesday

Chocolate Muffin (27g)
Orange Juice (14g)

Wednesday

Egg, Turkey Bacon
French Bread (25g)

Thursday

Texas Cinnamon Toast (25g)
Orange Juice (14g)

Friday

Chocolate Muffin (27g)
Apple Juice (14g)

Breakfast Meal Deal

(1) Entrée Choice
(1) Fruit or Fruit Juice
(1) Low-Fat or Fat Free Milk (8oz)

Supply Chain can cause a Menu Change w/o Notice

Items will be sub with something similar

Lunch Meal Deal

(1) Entrée Choice (bread & protein)
(1) Fruit Choice
(1) Vegetable Choice
(1) Low-Fat or Fat Free Milk (8oz)

MONDAY

2 Entrée Choices:

Bosco Sticks (34g) w.
Marinara Sauce (4g)
Fresh Fruit

Turkey on Pretzel Bun
Turkey (0g)/American Cheese (1g)
on Pretzel Bun (33g) w.
Rold Gold Pretzels (11g)
Tropical Twist (14g)
Fresh Fruit

Daily Offerings:

Yogurt Lunch Boat

Yogurt, Cheese Stick, Carrots, Scoops,
Salsa and Fruit

Chicken Salad

on Romaine w. Tomato and Cucumber
and Croutons

Chef Choice when Available

TUESDAY

2 Entrée Choices:

Eggo Maple Pancakes (35g) w.
*Sausage (2g) and
Round Hashbrowns (15g)
Applesauce (17g)
Syrup (31g)

Cheeseburger Sliders (30g)
Round Hashbrowns (15g)
Applesauce (17g)

TAKE HOME on WED

5 Breakfast Entrees w.
Juice, and Milk

1 LUNCH Entrée Include:
Mac and 3 Cheese (28g)
Tropical Twist (14g)
Pear Cup (19g)
Milk

Take Home Meals can be picked up
at the end of the day on Tuesday.
Located: **Outside of Cafeteria**

THURSDAY...

2 Entree Choices:

Chicken Tenders (12g) w.
BBQ Sauce (11g)
Green Beans (5g) & Warm Cinnamon
Apples (18g)

Grilled Cheese (40g)

Green Beans (5g)
Warm Cinnamon Apples (18g)

Food Service Department
248-573-8925

FRIDAY

2 Entree Choices:

Chef's Choice:

*Garlic Cheese French Bread (30g)
*Bosco Stuffed Crust Pizza (34g)

Corn (16g)
Blue Raspberry/Lemon Slushie (22g)

THANK – YOU For DINING with US

**Meals are Free to ALL Students through the end of the School Year.*

**Milk is .50 cents. When purchased as Ala Carte*

*The USDA & State of MICHIGAN are equal opportunity employers. *Sausage is Pork/Beef Free*