

HIGH School February – April Menu:

BREAKFAST

Breakfast is part of the TAKE HOME meals on Tuesday

Monday

Bagel (28g) w.
Cream Cheese (1g)
Apple Juice (14g)

Tuesday

Chocolate Muffin (27g)
Orange Juice (14g)

Wednesday

Egg, Turkey Bacon
French Bread (25g)

Thursday

Texas Cinnamon Toast (25g)
Orange Juice (14g)

Friday

Chocolate Muffin (27g)
Apple Juice (14g)

Breakfast Meal Deal

(1) Entrée Choice
(1) Fruit or Fruit Juice
(1) Low-Fat or Fat Free Milk (8oz)

Supply Chain can cause a Menu Change w/o Notice

Items will be sub with something similar

Lunch Meal Deal

(1) Entrée Choice (bread & protein)
(1) Fruit Choice
(1) Vegetable Choice
(1) Low-Fat or Fat Free Milk (8oz)

MONDAY

2 Entrée Choices:

Chicken Tenders (12g)
w. Scalloped Potatoes/AuGratin(25g)
Applesauce (17g)

Bosco Sticks (34g) w.
Marinara Sauce (4g)
Scalloped Potatoes/AuGratin (25)
Applesauce (17g)

Daily Offerings:

Yogurt Lunch Boat
Yogurt, Cheese Stick, Carrots, Scoops,
Salsa and Fruit (Gluten Free)

Chicken Popper Salad
on Romaine/Spinach w. Tomato and
Cucumber and Croutons

EZ Jammer Lunch
w. Tropical Twist, Apple Slices/Grapes
and Cheez-Its

Deli Sandwich
w. Pickle, Apple Slices/Grapes
and Cheez-Its

TUESDAY

2 Entrée Choices:

Cheeseburger (26g) w.
Hashbrowns Rounds (15g)
Fresh Fruit

Bosco Sticks (34g) w.
Marinara Sauce (4g)
Hashbrown Rounds (15g)
Fresh Fruit

TAKE HOME on WED

5 Breakfast Entrees w.
Juice, and Milk

1 LUNCH Entrée Include:

Taco Stick (32g)
w. Salsa (3g)
Sidekick (22g)
or Frozen Strawberries (22g)
Milk

Take Home Meals can be picked up
at the end of the day on Tuesday.
Located: **Outside of Cafeteria**

THURSDAY...

2 Entree Choices:

Rotini w. Meatsauce (24g)
Green Beans (5g) & Dinner Roll (13g)
Warm Cinnamon Apples (20g)

Bosco Sticks (34g) w.
Marinara Sauce (4g)
Green Beans (5g)
Warm Cinnamon Apples (20g)

Food Service Department
248-573-8925

FRIDAY

2 Entree Choices:

Chef's Choice:

***Garlic Cheese** (30g)/**Pepperoni** (33g)
French Bread Pizza
Corn (16g)
Blue Raspberry Lemon Slushie (22g)

Bosco Stick (34g) w.
Marinara Sauce
Corn (16g)
Blue Raspberry/Lemon Slushie (22g)

THANK – YOU For DINING with US

*Meals are Free to ALL Students through the end of the School Year.

*Milk is .50 cents. When purchased as Ala Carte

The USDA & State of MICHIGAN are equal opportunity employers. *Sausage is Pork/Beef Free