

South Lyon Community Schools Student Wellness Policy Progress Report - Nutrition

Our district's wellness policy includes measurable goals for nutrition promotion.

Food Service promotes healthy eating and nutrition education with signage, creative menus, posters and bulletin boards. Menus are posted on the District website.

We place fruits and vegetables where they are easy to access

We regularly share school meal nutrition, calorie, carb and allergen information with student families.

We offer taste testing to our students.

We have a Certified Food Handler as our Food Service Manager in every kitchen. All school nutrition staff will meet or exceed annual training requirements in the USDA Professional Standards.

We have adopted and implemented **Smart Snacks** nutrition standards for ALL items sold during school hours including: Ala Carte and Vending.

Nutrition – School Meals

Our district is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free milk; low in saturated fat, meeting the sodium level target, and zero grams trans-fat per serving; and to meet the nutrition needs of school children within their calorie requirements.

All schools within the South Lyon Community School District participate in USDA child nutrition programs, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP).

All schools within the District are committed to offering school meals through the NSLP and SBP that:

- Are accessible to all students
- Are appealing and attractive to children
- Are served in clean and pleasant settings
- Meet or exceed current nutrition requirements established by local, state, and Federal regulations.