

Power Up with

Breakfast



Breakfast kicks off the day by providing energy for the body and prepares the mind for learning.

BREAKFAST is served daily at all South Lyon Community Schools K -12

Breakfast includes: Choice of Entrée supplying whole grains, fruit, 100% juice and 1% milk choice.

Cereals are made with whole grains and reduce sugar.

Monday	Tuesday	Wednesday	Thursday	Friday
Apple, Cherry or Cinnamon Warm Pastry	Breakfast Pizza Eggo Waffle	Cook Choice: Fruit Smoothie w/Bagel Or Yogurt Parfait with Fruit and Bagel	Hot Bagel Sandwich with Egg, Cheese and Sausage Apple-Cinnamon Texas Toast	Confetti Pancakes Plain Pancakes
Fruit & 100% Juice Choice of 1% Milk	Fruit & 100% Juice Choice of 1% Milk	Fruit & 100% Juice Choice of 1% Milk	Fruit & 100% Juice Choice of 1% Milk	Fruit & 100% Juice Choice of 1% Milk
Bagel w/ Cream Cheese	Muffin w/ Yogurt	Bagel w/ Cream Cheese	Muffin w/ Yogurt	Bagel w/ Cream Cheese
Cereal w/ Cheese Stick	Cereal w/ Cheese Stick	Cereal w/ Cheese Stick	Cereal w/ Cheese Stick	Cereal w/ Cheese Stick

Pricing: (*) Available at Free or Reduced Prices for those who qualify. Forms found on www.slcs.us.

High School/Middle School:

Free: * Reduce: .30 Full: \$1.55

Elementary:

Free: * Reduce: .30 Full: \$1.40

Skyward and Payments:

For your convenience, visit: www.slcs.us and use Skyward

To monitor your child's account and make payments.

Questions or Comments? Please contact the Food Service Department at 248-573-8925 or email: myers-trentc@slcs.us
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