

You may pre pay for meals weekly, monthly or by semester with cash, a check made payable to *South Lyon Community Schools* or online at slcs.us.

# South Lyon Elementary Schools

## February 2012 - June 2012

Lunch Price: \$2.60, Reduced Lunch: \$.40, Breakfast: \$1.25, Reduced Breakfast \$.30 Milk Only: \$.50, all meals include milk

### Cycle Week 1

#### Monday

Chicken Patty with Bun  
Pizza Wedge  
Mixed Green Salad  
Corn  
Peaches  
Fresh Fruit

#### Tuesday

Walking Taco  
Cheese Breadsticks  
Fresh Vegetables & Dip  
Steamed Broccoli  
Applesauce  
Fresh fruit

#### Wednesday

Chicken Nuggets  
Mostaccioli  
Roll  
Mixed Green Salad  
Green Beans  
Pears  
Fresh fruit

#### Thursday

Cheeseburger on Bun  
Fish Shapes  
Fresh Vegetables & Dip  
Sliced Carrots  
Mixed Fruit  
Fresh Fruit

#### Friday

Hot Ham & Cheese Bagel  
Cheese Quesadilla  
Mixed Vegetables  
Mixed Green Salad  
100% Fruit Juice  
Fresh Fruit

### Cycle Week 2

#### Monday

Chicken Fryz  
Grilled Cheese Sandwich  
Fresh Vegetables with Dip  
Sweet Potato Tots  
Pears  
Fresh Fruit

#### Tuesday

Sloppy Joe on Bun  
Macaroni & Cheese  
Peas  
Mixed Green Salad  
Peaches  
Fresh Fruit

#### Wednesday

Pizza Square  
Soft Taco  
Corn  
Fresh Vegetables with Dip  
Mixed Fruit  
Fresh Fruit

#### Thursday

Hot Dog on Bun  
Nachos with Cheese  
Baked Beans  
Fresh Vegetables with Dip  
Applesauce  
Fresh Fruit

#### Friday

Barbecue Chicken on Bun  
Fish Shapes  
Green Beans  
Cole Slaw  
Apple Crisp  
Fresh Fruit

### Cycle Week 3

#### Monday

Hamburger on Bun  
Cheese Breadsticks  
Mixed Vegetables  
Fresh Vegetables & Dip  
100% Fruit Juice  
Fresh Fruit

#### Tuesday

Mostaccioli  
Chicken Nuggets  
Roll  
Mixed Green Salad  
Steamed Broccoli  
Applesauce  
Fresh Fruit

#### Wednesday

Chicken Patty on Bun  
Macaroni & Cheese  
Sliced Carrots  
Fresh Vegetables & Dip  
Pears  
Fresh Fruit

#### Thursday

Walking Taco  
Fish Shapes  
Refried Beans  
Mixed Green Salad  
Peaches  
Fresh Fruit

#### Friday

Pizza Square  
Chicken Fryz  
Corn  
Fresh Vegetables & Dip  
Mixed Fruit  
Fresh Fruit



#### Monday

WG Cinnamon Pancakes

#### Tuesday

Breakfast Pizza

#### Wednesday

WG English Muffin with Egg Patty

#### Thursday

Breakfast Pizza

#### Friday

WG English Muffin with Egg Patty

An assortment of cereals is also offered daily.  
All breakfasts include fruit or 100% fruit juice and milk.

If you feel your income may qualify you for free or reduced-price meals, please fill out an application and return it to your child's school or my office. You may apply at any time during the school year. One application covers breakfast and lunch. For more information, call Suzanne Sullivan, Manager of District Food Services at 248-573-8925 or email [sullivans@slcs.us](mailto:sullivans@slcs.us).

**We offer yogurt box lunches daily!**  
Yogurt, cheese & crackers, fruit, baby carrots and choice of milk

**We also offer these items for \$.50 each:**  
100% Fruit Juice  
Pretzels  
Sun Chips  
Sherbet Cups  
Frozen Yogurt Cups

### February 2012

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29		

### March 2012

			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

### April 2012

2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

### May 2012

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

### June 2012

				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

Lunch includes choice of one main dish, two sides and choice of milk.

Our bread and pasta products are whole grain when possible.