

BE EAST – CAFÉ

Breakfast

Monday

Hot Apple Cinnamon Toast
45g

Tuesday

Breakfast Pizza
31g

Wednesday

Yogurt/Fruit Parfait
w/ Bagel 17g 2g

Thursday

Breakfast Bagel Sandwich
33g

Friday

Pancake Wrap
18g

Daily Breakfast Offerings

Cereal
Muffins, Breads, Donuts
Cinnamon Roll

International Cuisine

Daily Entrees Include:

Monday

Week 1: Chicken, Mashed Potatoes, Corn
Biscuit, Cole Slaw, Juice, Fruit

Week 2: Breakfast:

Cook's Choice: Pancake/French Toast
Sausage Patty, Carrots, Red Skins, Juice

Tuesday

Chef's Choice of Asian Cuisine
Rice, Broccoli, Mandarin Oranges

Wednesday

Italian Cuisine w/ Garlic Bread
Green Beans and Sidekick

Thursday

Nachos w/ Meat and Cheese
Quesadilla
Refried Beans/Mexican Rice, Applesauce

Friday

*Pizza
Fresh Veggies/Salad, Strawberry or Fruit Cup

Lunch Meals Include:

Choice of Fruit, Vegetables
and Milk

Monday

Grab a Stack

Cheese Crunchers
Hamburger/Cheeseburger
Potato
Cole Slaw/Salad
Juice
Fresh Fruit

Salad Line

Chicken Salad
Sandwich Combo
Hummus and Chips
Bosco Sticks w/ Marinara
Juice, Fresh Fruit, Applesauce
Corn

Tuesday

Grab a Stack

Chicken Sandwich
Spicy Chicken Sandwich
Hamburger/Cheeseburger
Potato
Veggies w/ Hummus
Mandarin Oranges or Pineapple
Fresh Fruit

Salad Line

Chicken Salad
Sandwich Combo
Hummus and Chips
Bosco Sticks w/ Marinara
Fresh Fruit, Applesauce
Mandarin Oranges or Pineapple
Potato

Wednesday

Grab a Stack

Chicken Tenders
Hamburger/Cheeseburger
Potato
Mix Green Salad
Sidekick
Fresh Fruit

Salad Line

Chicken Salad
Sandwich Combo
Hummus and Chips
Bosco Sticks w/ Marinara
Fresh Fruit, Applesauce
Sidekick
Green Beans

Thursday

Grab a Stack

Chicken Sandwich
Spicy Chicken Sandwich
Hamburger/Cheeseburger
Potato
Veggies w/ Hummus
Mandarin Oranges or Pineapple
Fresh Fruit

Salad Line

Chicken Salad
Sandwich Combo
Hummus and Chips
Bosco Sticks w/ Marinara
Fresh Fruit, Applesauce
Potato

Friday

Grab a Stack

Chicken Nuggets
Hamburger/Cheeseburger
Salad
Strawberry or Fruit Cup
Fresh Fruit

Salad Line

Chicken Salad
Sandwich Combo
Hummus and Chips
Bosco Sticks w/ Marinara
Fresh Fruit, Applesauce
Hot Pasta and Veggie Blend

• Menu Subject to Change

Breakfast Full Price: \$2.00 Lunch Full Price: \$3.40 Breakfast Reduced: .30 Lunch Reduced: .40 Adult Breakfast: \$2.00 Adult Lunch: 3.40

Please email: myers-trentc@slcs.us for any ingredient information.

*The USDA & Michigan are equal opportunity employers. *ITEMS MAY CONTAIN PORK*