

# South Lyon Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bosco Stick</b> (28g) <b>Marinara Sauce</b> (4g) <b>Pick Your Pancake</b> (36g) Plain, Blueberry, Confetti Sausage Patties (2g)* Mandarin Oranges (20g) Sweet Crinkle Fries (17g)	<b>Top and Go</b> (28g) <b>w/Beef Taco</b> (5g) <b>Cheese Quesadilla Pizza</b>  100% Fruit Sidekick (22g) Refried Beans (23g)	<b>Grilled Cheese—Please!</b> (24g) <b>Sloppy Joe</b> (10g) Curly Fries Seasoned 100% Juice (15-20g) Fresh Cut Veggies (4-12g) Hummus (17g) Rice Krispie Treat (9g)	<b>Chicken and Waffle</b> (43g) (8g) <b>Bosco Stick</b> (28g) <b>Marinara Sauce</b> (4g)  Applesauce (17-22g) Green Beans	<b>French Bread Pizza</b> Pepperoni (33g) Cheese (30) <b>Fish Shapes</b> (31g) Strawberry or Peach Cup (19-22g) Pasta Salad w/Veggies (41g)
<b>Bosco Stick</b> (28g) <b>Marinara Sauce</b> (4g) <b>Chicken Wings</b> (13g)  Pineapple (18g) Ranch Potatoes Casserole	<b>Mac and Cheese</b> (26g) Parmesan Breadstick (14g) <b>Chicken Sandwich</b> (42g)  100% Fruit Sidekick (22g) Sweet Peas (12g)	<b>Hamburger</b> (2g)(25g) <b>or Cheeseburger</b> (3g) (25g) <b>Corn Dog</b> (30g) * Ranch Potato Wedges (17g) 100% Juice (15-20g) Fresh Cut Veggies (4-12g) Hummus (17g)	<b>French Toast Bites</b> (76g) Sausage Patties (2g) * <b>Cheese Crunchers</b> (41g) <b>Marinara Sauce</b> (4g) Applesauce (17-22g) Make Me Laugh Potatoes (18g)	<b>Big Daddy</b> Pepperoni (24g) * Cheese (24g) <b>Fish Shapes</b> (31g) Strawberry or Peach Cup (19-22g) Sweet Corn (16g)
<b>Bosco Stick</b> (28g) <b>Marinara Sauce</b> (4g) <b>Chicken Drumsticks</b> (10g)  Diced Pears (16g) Hot Mixed Vegetables (4-12g)	<b>Sweet and Sour Cherry Blossom Chicken</b> (27g) <b>Salisbury Steak</b> (3g) <b>w/ Gravy</b> (4g) Brown Rice (37g)  100% Fruit Sidekick (22g) Steamed Broccoli (5g) Fortune Cookie (3g)	<b>Hot Diggity Dog</b> <b>2 Hot Dogs</b> (12g) (38g) <b>Pepperoni Calzone</b> 100% Juice (15-20g) Spiral Fries (15g) Fresh Cut Veggies (4-12g) Hummus (7g)	<b>Chicken Caesar Salad w/Breadstick</b> (14g) <b>Bosco Stick</b> (28g) <b>Marinara Sauce</b> (4g)  Applesauce (17-22g) Sweet Crinkle Fries (17g)	<b>French Bread Pizza</b> Pepperoni (33g) Cheese (30g) <b>Fish Shapes</b> (31g) Strawberry or Peach Cup (19-22g) Coin Carrots (6g)
<b>Bosco Stick</b> (28g) <b>Marinara Sauce</b> (4g) <b>BBQ Chicken Bites</b> (34g)  Peaches (12g) Bake Beans (29g) Cinnamon Goldfish (19g)	<b>Rotini w/Meatball*</b> Garlic Bread Stick (14g) <b>Cheese Calzone</b> (33g)  100% Fruit Sidekick (22g) Green Beans (4g)	<b>Hamburger</b> (2g) (25g) <b>or Cheeseburger</b> (3g) (25g) <b>Corn Dog</b> (30g) *  100% Juice (15-20g) Scalloped Potatoes Fresh Cut Veggies (4-12g) Hummus (7g)	<b>Chicken Sandwich</b> (42g) Spicy or Plain <b>Cheese Crunchers</b> (41g) <b>Marinara Sauce</b> (4g)  Applesauce (17-22g) Parsley Potatoes	<b>Big Daddy</b> Pepperoni (24g) * Cheese (24g) <b>Fish Shapes</b> (31g) Strawberry or Peach Cup (19-22g) Sweet Corn (16g)

- Offered Daily:
- Yogurt or EZ Jammer Bag Lunch
  - Assorted Fresh Fruit
  - Tossed Salad/Fresh Veggies
  - Milk—1% Low Fat



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 and make payments. Low  
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 setup.

February 2019				
Mon	Tue	Wed	Thur	Fri
				1
4	5	6	7	8
11	12	☹️	NL	NS
18	19	20	21	22
25	26	27	28	

March 2019				
Mon	Tue	Wed	Thur	Fri
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11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

April 2019				
Mon	Tue	Wed	Thur	Fri
NS	NS	NS	NS	NS
8	9	10	11	12
15	16	17	18	NS
22	23	24	25	26
☹️	30			

May 2019				
Mon	Tue	Wed	Thur	Fri
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6	7	8	9	10
☹️	14	15	16	17
20	21	22	23	24
NS	28	29	30	31

June 2019				
Mon	Tue	Wed	Thur	Fri
3	4	☹️	6	7
10	11	NL	NL	NL
17	18	19	20	21